

R.I.S.E. Preparatory Academy Collegiate-Ready Middle School Schedule (Grades 6–8)

### **Instructional Format:**

- Live and/or recorded instruction with assigned daily tasks
- Built-in enrichment, skill labs, and reflective learning
- Academic week: Monday-Friday, 8:30 AM 1:55 PM (Eastern)

# Daily Bell Schedule (Sample)

8:30 - 8:45 AM | Royal Assembly | Reflection, Goals, Announcements

**8:45 - 9:55 AM** | Period 1 | Core Subject

**10:00 AM - 11:10 AM** | Period 2 | Core Subject

11:15 - 12:25 AM | Period 3 | Core Subject

12:25 - 12:50 PM | Lunch Break | Independent/Outdoor Time

**12:55 - 1:55 PM** | Period 4 | Elective

# **Core Subjects Overview**

• ELA: Critical reading, writing, argumentation, research, comprehension strategies

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- Math: Pre-algebra, ratios, equations, real-world math applications
- Science: Earth, Life, and Physical Science + labs and interactive activities
- Social Studies: History, Civics, Geography, and Global Cultures

### **Specialty & Enrichment Classes**

- Culinary Arts: Food science, nutrition, kitchen safety, and beginner meal prep
- Fine Arts: Visual arts, design, music exploration, and creative expression
- **Social Justice:** History of activism, equity, ethics, identity, and community engagement
- Flex Lab: Optional 1-on-1 tutoring, study halls, or passion projects

### **School-Wide Learning Goals**

- **Mastery over memorization:** Every course is designed to deepen understanding and build long-term skills.
- **Collegiate preparation:** Students build habits of inquiry, collaboration, time management, and reflection.
- **Whole-child development:** Enrichment courses support creative, cultural, and emotional intelligence.

#### **Additional Notes for Parents**

- Attendance is required for all scheduled periods.
- Fridays are asynchronous with assignments in all core subjects and are reserved for testing, assignment recovery and rehearsals.
- Tutoring slots may be assigned during Flex Lab every Tuesday and Thursday.
- Progress is monitored weekly through digital dashboards, parent reports, and instructor check-ins.